



Only patients with signs of severity remain hospitalized.

Most of the symptoms associated with Covid-19 (cough, fever, fatigue, headache, aches, gastrointestinal symptoms or ORL (oto-rhino-laryngology), loss of taste and/or smell) are mild. Medical management can be done at home.



I HAVE A POSITIVE TEST WITH CORONAVIRUS

At my home:

I isolate myself for 10 days from all third parties

- I'm not going to work, I'm not leaving my home
- In case of contact (to be avoided as much as possible) with third parties, I always wear a mask to avoid contaminating my loved ones.
- I follow the recommendations available on the website www.covid19.lu and, if sent, the document of the Luxembourg municipalities.
- I fill out the declaration form on www.covid19.public.lu and wait to be contacted by the contact-tracing team.

I monitor my health:

- I take the medication prescribed by the doctor
- I take my temperature twice a day

I keep a medical contact:

- With a **family doctor**: teleconsultation of control after 48 hours and in case of doubt or questions
- With one of the two **Covid-19 Consultation Centers** (7 days a week, from 10am to 5pm): in case of symptoms requiring medical consultation and physical examination. **Address**: 31, Boulevard Konrad Adenauer L-1115 Luxembourg Kirchberg or 2, rue Jos Kieffer L-4176 Esch-sur-Alzette
- With **112** or the **emergency department**: in case of a clear worsening of breathing difficulties (significant shortness of breath, hissing, rapid breathing, difficulty speaking, blue lips) or disturbance of consciousness.

When can I be around others?

I had symptoms: 10 days after the occurrence of the symptoms, 48 hours after absence of fever (without any anti-pyretic treatment) and cough.

Other symptoms may persist for months and should not delay the end of self-isolation.

