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NOTES :

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HÔPITAUX ROBERT SCHUMAN

DISCHARGE AND FOLLOW-UP FOR OUTPATIENT SURGERY

CLINIQUE BOHLER

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BEFORE DISCHARGE:

When you are discharged from outpatient surgery, you will be given the following documents (if necessary):

- A prescription for pain relief medication and wound care as required
- A prescription for receiving care at home, if necessary
- Medical leave from work, if necessary
- The date for a post-operative follow-up appointment

CONDITIONS FOR RETURNING HOME ARE:

Means of transport: preferably in a private car, and you must be accompanied by an adult.

Presence of someone to help you at home over the first night.

THE FIRST 24 HOURS FOLLOWING THE OPERATION:

- Do not smoke immediately after sedation or an anaesthetic
- Do not drive a vehicle or use dangerous tools or machines
- Rest, do not exert yourself
- Do not consume any alcohol or sedatives
- Do not make any decisions or commitments which may incur your own responsability

ESSENTIAL SKILLS FOR BEING DISCHARGED:

- Identification of warning signs that require contact with the doctor
- Treatment and monitoring of pain-relief medication
- Conditions for resuming personal treatments, particularly in case of anti-coagulant treatment

THE FOLLOW-UP

When you are admitted, the nurse will ask you if you would like to be called the day after your hospitalization by someone from our nursing team. If so, a nurse will contact you to check on you.

If you have any problems, please do not hesitate to call us at **+352 26 333 92 15.**

Gynecology - 2nd floor, Clinique Bohler

> Monday to Friday from 7am to 3pm

Phone: +352 26 333 9219

> Weekends and holidays from 3pm

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