#### Hôpitaux Robert Schuman

9, Rue Edward Steichen, L-2540 Luxembourg T +352 24683668 www.facebook.com/hopitauxrobertschuman www.hopitauxschuman.lu www.acteurdemasante.lu





Watch this video for a step-by-step guide to effective handwashing. Simply scan the QR Code with your phone to watch.

Watch this video for a step-by-step guide to disinfecting your hands effectively. Simply scan the QR Code with your phone to watch.

The Department for the Prevention and Control of Infection is available if you have any further questions. Please don't hesitate to ask for advice.

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# YOUR RELATIVE IS IN ISOLATION (ADDITIONAL PRECAUTIONS)



You are going to visit a relative who is carrying a germ that can be transmitted in a hospital setting. For everyone's safety, the following precautions must be taken.

#### How long will they be kept in isolation?

The duration of their isolation depends on the germ in question.

### Is there a risk that I might carry the germ back home with me?

No, provided that you follow the guidelines detailed below.

#### Precautions to take during your visits

- Inform care staff of your presence before your visit. They will advise you on whether you need to wear a mask, gown, gloves or any other necessary protective equipment.
- Wash your hands using soap and water or disinfect hands with hydro-alcoholic solution before putting on the protective equipment and before entering and leaving your relative's room.
- Restrict the number of personal items that are taken into the room and do not put them down in the patient's close environment (bed, bedside table...).
- Do not use the toilets in the room. Use the toilets intended for visitors.
- Avoid going to see other patients after visiting your relative.
- Do not go enter the common areas of care departments (e.g. day room,...).

#### Can I leave the room with my relative?

Whether your relative can leave the room depends on the type of germ that has been identified. Please ask care staff for guidance on how to behave.

#### GUIDELINES FOR HANDLING YOUR RELATIVE'S LAUNDRY DURING THEIR HOSPITAL STAY

- Take dirty laundry home in a closed bag.
- Wash the laundry separately. Preferably wash at 60°C or above if clothing can withstand high temperatures using your usual detergent.
- Wash hands thoroughly after handling dirty laundry.
- When your relative returns home, laundry can be dealt with in the usual way, unless care / medical staff advise otherwise.
- Restrict personal clothing and use the linen (towels, gowns...) provided at the hospital.

## WHAT DOES THE SYMBOL DISPLAYED ON MY RELATIVE'S DOOR MEAN?



Transmission of germs that remain suspended in the air.



Transmission of germs from one person to another by hands or a contaminated object.



Transmission of germs by saliva droplets and respiratory secretions (e.g. cough) from a contaminated person.